



BRAZILIAN JIU-JITSU

FAMILY TRAINING CENTER

Baton Rouge Class Schedule

Monday

- 3 to 9 y/o: 4:00p to 4:50p
- 9 to 13 y/o: 5:00p to 5:50p
- Adults & Teens: 6:00p to 6:50p

Wednesday

- 3 to 9 y/o: 4:00p to 4:50p
- 9 to 13 y/o: 5:00p to 5:50p
- Adults & Teens: 6:00p to 6:50p

Tuesday

- 3 to 9 y/o: 4:00p to 4:50p
- 9 to 13 y/o: 5:00p to 5:50p
- Youth All Ages: 6:00p to 6:50p
- Parents: 6:00p to 6:59p
- Adults & Teens: 7:00p to 7:50p

Thursday

- 3 to 9 y/o: 4:00p to 4:50p
- 9 to 13 y/o: 5:00p to 5:50p
- Youth All Ages: 6:00p to 6:50p
- Parents: 6:00p to 6:59p
- Adults & Teens: 7:00p to 7:50p

Saturday

- Parents/Youth: 9:00a to 9:50
- Adults: 10:00a to 10:50