



# **BRAZILIAN JIU-JITSU**

## **FAMILY TRAINING CENTER**

### **Baton Rouge**

# **SUMMER**

## **Class Schedule**

#### **Monday**

- All age children: 5:00p to 5:50p
- Adults & Teens: 6:00p to 6:50p

#### **Wednesday**

- All age children: 5:00p to 5:50p
- Adults & Teens: 6:00p to 6:50p

#### **Tuesday**

- All age children: 4:00p to 4:50p
- Families: 5:00p to 5:50p
- Adults & Teens 6:00 to 6:50

#### **Thursday**

- All age children: 4:00p to 4:50p
- Families: 5:00p to 5:50p
- Adults & Teens 6:00 to 6:50

#### **Saturday**

- Parents/Youth: 9:00a to 9:50
- Adults: 10:00a to 10:50