



BRAZILIAN JIU-JITSU

FAMILY TRAINING CENTER

Cedar Park East

SUMMER

Class Schedule

Monday

- 3 to 5 y/o No-Gi: 4:00p to 4:50p
- 6 to 9 y/o No-Gi: 4:30p to 5:20p
- 10 to 13 y/o No-Gi: 5:30p to 6:20p
- Adults No-Gi: 6:30p to 7:20p

Wednesday

- 3 to 5 y/o No-Gi: 10:00a to 10:50a
- Adults No-Gi: 12:00p to 12:50p
- 3 to 5 y/o No-Gi: 4:00p to 4:50p
- 6 to 9 y/o No-Gi: 4:30p to 5:20p
- 10 to 13 y/o No-Gi: 5:30p to 6:20p
- Adults No-Gi: 6:30p to 7:20p

Tuesday

- 6 to 9 y/o: 4:30p to 5:20p
- 10 to 13 y/o: 5:30p to 6:20p
- Family Class: 6:30p to 7:20p
- Adults: 7:30p to 8:20p

Thursday

- 6 to 9 y/o No-Gi: 4:30p to 5:20p
- 10 to 13 y/o No-Gi: 5:30p to 6:20p
- Family Class No-Gi: 6:30p to 7:20p
- Adults No-Gi: 7:30p to 8:20p

Saturday

- Family Class: 9:00a to 9:50a
- Adults: 10:00a to 10:50a